



AGENDA

Sandtray and Play Therapy: Basics and Beyond

Presenter: Ashley Garrett, LPC, EdS and Mindi Amberson, LPC, EdS

Date: Friday, June 24th, 2016 **Time:** 8:00 AM -7:00 PM

Location: Garrett Counseling - Jacksonville Branch

Program Content Description / Learning Objectives:

This workshop is a basic sandtray play therapy training. It will cover basics of the brain science behind sandtray therapy and how this relates to working with clients in the sand. Based on the content of this workshop, you will be able to: have a basic knowledge of the history of sandtray, an understanding of the tools needed to work with this method, why and how it works within the brain, and challenges of working with children and adults using this method.

9.00 Clock Hours

National Board for Certificate Counselors - Provider No. 6763

Association for Play Therapy - Provider No. 15-430

7:50 AM	Check in / Registration	Coffee
8:00 AM	History of using sand in play therapy	Today's leaders in APT and play therapy research
9:30 AM	Supplies	Setting up your sand tray space
10:30 AM	Break	
10:45 AM	Holding the space concept	Role-playing
11:15 AM	Directive vs Nondirective	How to engage client in sandtray
12:00 PM	Lunch	Bring Your Own!
1:00 PM	Creating and Processing	Role-playing
2:15 PM	Overview of sandtray session	Writing the note
3:00 PM	Break	
3:15 PM	Worlds and themes	Case Studies
4:15 PM	CCPT	

5:00 PM	Dinner Break	
5:30 PM	Directives	Practice
6:45 PM	Questions	Evaluations
7:00 PM	Whew! Go home!	

*Please note that the evaluation form has been emailed to you. Please complete at end of day. Hard copies are available at front of room. * Certificates of Attendance can be collected as you exit the lobby. *Garrett Counseling has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6763. Programs that do not qualify for NBCC credit are clearly identified. Garrett Counseling is solely responsible for all aspects of the programs. NBCC ACEP Provider No. 6763 *Garrett Counseling is approved by APT to provide continuing education. Garrett Counseling maintains responsibility for this program and its content. APT Provider No. 15-430.