



## **Mindfulness Play: Using play therapy and mindfulness in Counseling for all ages**

Presenter: Ashley Garrett, LPC, RPT-S

Location: Garrett Counseling, Jacksonville Branch

Address: 1215 Jackson's Way SW Jacksonville, AL

Date: Friday, September 16, 2016 830AM-1130AM

**Program Content Description / Learning Objectives:** Participants will learn about theories related to mindfulness and play therapy and how to integrate theory into practice. Using Mindfulness-Based Play-Family Therapy and Dialectical Behavior Therapy, participants will gain tools to use for clients of all ages. Participants will learn play therapy techniques, practice those new techniques, and receive feedback during training.

**3.00 Clock Hours**

**National Board for Certificate Counselors Provider No. 6763**

**Association for Play Therapy Provider No. 15430**

**COST: \$45.00 (Contact Hours included)**

**GCC Team Members: \$30.00**

**PREREGISTRATION IS REQUIRED by 9/11/2016 Seating is Limited!**

**Register online at:**

[https://docs.google.com/a/garrettcounseling.com/forms/d/e/1FAIpQLScjA5m6FYBGuFoxh\\_Bj6OjK-B2gOrP-FXiM66GprzbzAUkBA/viewform](https://docs.google.com/a/garrettcounseling.com/forms/d/e/1FAIpQLScjA5m6FYBGuFoxh_Bj6OjK-B2gOrP-FXiM66GprzbzAUkBA/viewform)



**APT Provider 15-430**



**NBCC Provider 6763**

\*Garrett Counseling has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6763. Programs that do not qualify for NBCC credit are clearly identified. Garrett Counseling is solely responsible for all aspects of the programs. NBCC ACEP Provider No. 6763.

\*Garrett Counseling is approved by APT to provide continuing education. Garrett Counseling maintains responsibility for this program and its content. APT Provider No. 15430.

\***CANCELLATION POLICY:** If you contact us before the program date, you may exchange for a certificate to attend another program or a tuition refund less a cancel fee. Occasionally, changes are made due to unforeseen circumstances or participant demand. While Garrett Counseling will do everything possible to ensure participant satisfaction, Garrett Counseling's liability is limited to the tuition fee only. If you cancel, three business days before the event, you will receive a full refund. Canceling in the last 72 hours, you will be charged a 25.00 cancellation fee. The remainder of the tuition will be refunded within 72 hours after you cancel your registration. Cancellation must be received in writing and can be faxed to 12562174162 or emailed to garrett@garrettcounseling.com. If cancellation is not received in writing, you will be charged the full amount of tuition.